#Relationship Goals

Do I?

Am I?

Are They?

Have They?

Do They?

WRITE DOWN WHAT YOU WANT FROM YOUR NEXT PARTNER AND RELATIONSHIP. A TIP IS TO PUT IT IN QUESTION FORM SO WHEN YOU'RE LOOKING BACK AT THIS SHEET YOU CAN ASK YOURSELF THINGS LIKE 'AM I HAPPY?', 'AM I BEING RESPECTED?', 'DO I FEEL LOVED?', 'DO THEY MAKE ME FEEL SECURE?'